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FRIDAY, SEPTEMBER 9, 2011

Training day

Firefighters hone skills in mock accidents
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Battling cancer

Urging participating in Terry Fox Run
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Revved up

Dirt-Car Sportsman Tour rolls into town
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Memories on ice

Paying homage to Feeder Kennedy
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For news updated daily see www.inportnews.ca

■ **CRIME:** Golf course sex assault

■ **MARSHVILLE FESTIVAL:** Steady flow of people

Port man to spend 3.5 years in jail

PETER DOWNS
QMI AGENCY

ST. CATHARINES — A Port Colborne man who sexually assaulted a woman on a St. Catharines golf course was ordered to spend the next 3½ years behind bars.

Richard James Parker, 27, wept in a Welland courtroom last week as he learned his fate.

Parker pleaded guilty at an earlier date to sexual assault with a weapon for the Nov. 27, 2007, attack.

"The facts are every woman's nightmare," Judge Tory Colvin told court before delivering the sentence.

Assistant Crown attorney Tom Jacob had been asking for six years in jail.

see **SEX ASSAULT** | page 2

Heritage show weathers the weekend



WAYNE CAMPBELL
InPort News Staff

WAINFLEET — It was a weekend to watch the skies at the 23rd annual Marshville Heritage Festival.

A hot, humid Saturday was followed by a mild cooler Sunday under threatening skies and similar conditions Monday. Thunder, lightning and rain generally held off until the close of business each day for the 130 craft artisans.

"We seem to be doing all right with a steady flow of people coming," public relations director Barb Henderson said midway through the festival Sunday.

The festival, which is the only fundraiser for the Marshville Heritage Village, showcased a new gazebo. Sitting in the middle of the village and built in an late 1800s style, it serves as a stage for entertainers.

Like the school and church, however, it has enviroshakes on the roof. They look like cedar shakes, but are made of a plastic to extend the service of the roofs.

Paul Vuurman of Richmond Hill, a vendor at the Marshville Heritage Festival, demonstrates bird-house making while wearing period costume. He said he's very fond of the festival and returns regularly.

see **WAINFLEET** | page 2

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WAINFLEET

Tradition rules at Marshville Heritage Festival

FROM PAGE 1

The village has more brick sidewalks this year. They improve accessibility for those in wheelchairs and mothers with strollers. Brian Heaslip, who co-ordinates a wooden canoe building and raffle program, said the sidewalks help improve the villages school program.

A two-week education program for children in Grade 3 is held each October and May.

"The weather can get wet. The sidewalks will help children get around."

Heaslip runs a canoe-making course. For 12 years, he has built a canoe to raffle off during the festival. He starts one for the next year as a demonstration during the festival. He instructs students on how to make it, writing on it during Saturday

sessions.

The students range from young to retired people with an interest in canoe making.

"But I've yet to find anyone who likes to do the sanding," he said.

Festival organizers encourage, not only its 400 volunteers to dress up in historical attire, but also the artists selling their crafts and products.

For Paul Vuurman of Richmond Hill, that's fine with him.

"I love dressing up and wearing weird hats," he said as he worked on a large bird house.

"During the festival, I try to make at least one birdhouse," as a demonstration of his wooden bird, but and butterfly.

Marshville is Vuurman's favourite show. Through the



Wayne Campbell Staff Photos
Jackie and Ian Crow ladle out the soup from a wood-fired kettle. The burning wood gives the beef barley and vegetarian vegetable soup its special flavour.

summer he goes to about four craft fairs after cutting back from 10 or 12. "They

you need, they go out of their way to get it."

Bill Warner brings his period show with him. He offers rides on a stagecoach pulled by two large Belgian horses, Belle and Denise.

He has been coming for about 10 years as part of a series of shows he attends with his horses during the summer. Warner raises Belgian horses on a pumpkin patch farm in Niagara Falls, just east of Welland.

Soup straight from the kettle is a Marshville Festival treat.

"We have beef barley and vegetarian vegetable," said Jackie Crow who along with her husband Ian have scooped out soup for five years.

"It tastes different coming out of the kettle because of the wood burning under it,"

she said.

Ian said they use whatever wood is available, nothing special.

"Sales were slow yesterday," he said Sunday referring to the humid Saturday afternoon.

"It was a good day for the ice cream seller," said Jackie.

At the Wainfleet Historical Society exhibit, Carol Wohlschlag just looked through her home to bring the early to mid-1900s to life.

"Grandmother kept everything," she said about the collection of toys, clothing, books and new this year a heavy ironing board and a selection of period iron.

Typically the festival, which ended Monday, draws about 30,000 people a year.

wayne.campbell@wainfleettribune.ca

SEX ASSAULT

'Every woman's worst nightmare' leaves victim traumatized

FROM PAGE 1

Parker's lawyer Geoffrey Hadfield wanted a non-penitentiary term of two years less a day.

Colvin settled on a four-year sentence for the violent sexual attack and an additional month for an unrelated break and enter of a St. Catharines apartment in October 2007.

But Colvin reduced the amount of time Parker will have in jail, giving him six months credit for

abiding by strict bail conditions over the past 18 months that the judge said amounted to "virtual house arrest."

He also credited Parker for the 29 days he spent in custody after his arrest, leaving him to serve a further 3½ years in jail.

Colvin said Parker's vicious sex assault traumatized the victim, who was 30 years old at the time of the assault, and left her with ongoing emotional problems and anxiety.

"You deserve better of our

community. You are the type of person our community needs," he told the victim.

Court has heard the St. Catharines woman was working for a company that cleaned businesses after hours. She was taking a shortcut through the Garden City Golf Course while walking from one job at a school to another at St. Catharines General Hospital around midnight Nov. 27, 2007.

Parker grabbed her from behind and covered her

mouth. He told her if she screamed, he'd pull out a knife. He then ordered her to perform sexual acts, including intercourse, while telling her to stop crying.

Swabs taken from the woman's face and body contained DNA that matched Parker.

Parker's lawyer had previously argued his client was battling drug and alcohol addiction at the time of the attack, but has since straightened out his life and undergone counselling.

Representatives of the Niagara Region Sexual Assault Centre were in court Thursday to monitor the case.

Suzanne Mason, the centre's public education co-ordinator, said she was pleased the judge handed down a penitentiary sentence.

"These were very serious circumstances. You have a stranger attack, it's late at night and you have a very vulnerable victim," she said.

"The judge said it was every woman's worst nightmare

and I would have to agree with that."

Mason said it's difficult for most sex-assault victims to feel justice was served, regardless of the amount of time their attackers spend behind bars.

"It's like a lifetime sentence for a victim when this type of attack happens," she said.

In addition to his jail sentence, Parker must also provide a DNA sample and will be listed in the national sex-offender registry.

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■ **TRAINING:** Firefighters hone their skills

Mock emergencies staged at flour mill

DAVE JOHNSON
InPort News Staff

PORT COLBORNE — Firefighters had to deal with a minor explosion and four patients trapped inside the fourth floor of Riverland AG's facility on Sherwood Forest Ln. last Tuesday night.

It was the second week in a row Port Colborne Fire and Emergency Service had been to the facility, the former Robin Hood Multifoods mill, to deal with an emergency situation.

Neither incident, however, was a real emergency.

Both were training sessions for professional and volunteer firefighters, said Capt. Wayne Benner Jr.

"... It was a fire on the top floor," said Benner of the training scenario held at the flour mill, two weeks ago.

In that scenario, firefighters had to drag hoses up the stairwell of the mill to battle the 'fire' inside the facility.

Last Tuesday night's training was altered to give firefighters a chance to practise a different set of techniques.

"We want to keep the guys on their toes."

Benner said the scenario

saw a minor explosion on the fourth floor of the mill, with four patients trapped inside.

Once on scene, firefighters set up along the Welland Canal side of the mill. They set up fire attack, RIT (Rapid Intervention Team) and search crews before heading inside.

The fire attack team had to make its way to the fourth and fifth floors of the mill, while the search team checked the same floors. The RIT crew was held on the second floor, waiting to be called in.

"We had to send the attack team to the fifth floor to check for fire," said Benner, adding the floor above the fire needed to be checked for fire extension.

He said of the four patients firefighters had to search for, two were trapped, one was ambulatory (meaning they could get out on their own), and the final one was suffering numerous injuries.

Three of the patients were imaginary, but the fourth was a real person set up as a patient on the fourth floor.

The patient was fire prevention officer Mike Bendia, who was hidden behind machinery and suffering from rib, leg

and other injuries. Once he was discovered by the search crew, one firefighter stayed with him while the RIT team brought up various equipment to take the machinery off of him, and the other two patients, and transport him down the stairs.

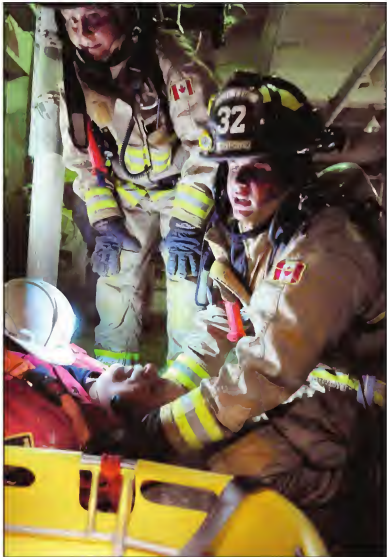
After removing Bendia from the machinery, firefighters put him on a backboard and then into a rescue basket. Firefighters then moved him down four floors, sliding the rescue basket on each staircase as they went down.

Once the training session was over, Benner and other officers and firefighters went over the scenario and talked about how things could have been done differently.

"It's great to get inside a place like this and train," said Benner.

It gives firefighters more familiarity with the structure and how things are laid out, which could help in the event of a real emergency or fire, he added.

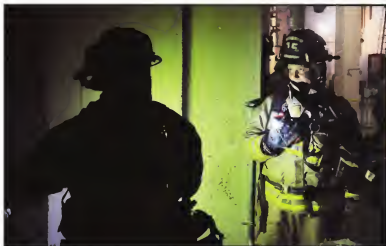
Because firefighters can't train in apartment buildings, Benner said some of the training at Riverland AG can translate over, such as moving patients down stairwells.



DAVE JOHNSON Staff Photos

ABOVE: Port Colborne and Fire and Emergency Services firefighter Angie Spiece, left, watches as firefighter Chris Bruno, right, gets ready to move a patient, played by fire prevention officer Mike Bendia, into a rescue basket during a training exercise at Riverland AG (the former Robin Hood Multifoods) on Tuesday night.

LEFT: Spiece, right, listens as another firefighter explains what's wrong with a patient.



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ourview

Ignoring rural people

The Sierra Club has always had a pleasantly avuncular image — nice folks in L.L. Bean pants, counting birds on the Bruce Peninsula.

How things change.

Until recently, Sierra Club of Canada executive director John Bennett was known for his opposition to the recycling of nuclear generators by Bruce Power. Here's what Bennett said last winter, after the Canadian Nuclear Safety Commission signed off on the shipment of used nuclear generators to Sweden: "I think the chances for a major nuclear accident have just increased several fold."

Meantime, the medical officer of health for Bruce-Grey, Dr. Hazel Lynn, said she had no worries about the shipment, echoing the nuclear safety commission and every respectable independent scientist or engineer queried about this issue. Hmm.

Now, activist Bennett has set his sights on the wind debate — specifically, those who oppose industrial wind turbines on grounds they may harm human health. "I think what you are is that people have aesthetic responses to this and then they go looking for arguments," he told skeptical politicians in Bruce County recently.

He said, "They are being told that they are inefficient. That's not true. They are being told that they have no say where they go. That's not true. So when you lie to people and get them excited and you do have some people that have health problems they get a reaction like that."

What planet is this man out Wind turbines are, in fact, inefficient — because the wind often doesn't blow. Ontarians in rural areas do not have a say in where they go — because the province unilaterally seized planning authority for turbines under the Green Energy Act. These are facts. Bennett accuses opponents of industrial wind energy of lying. About what, partly, precisely, are we lying?

Here's what's happening now, in Ontario: The taxpayer-subsidized industrial wind industry, midwived by the McGuinty Liberals, is in a panic at the prospect of its patrons losing power. Its lobby group, the Canadian Wind Energy Association, is pulling out all the stops to persuade Ontario that this naked emperor is, in fact, wearing a tuxedo.

The truth: McGuinty and his ideologues rammed this policy down the throats of rural Ontarians. The Liberals now plan to cover the province's most pristine areas with 50-storey concrete towers, with no regard to the rights or concerns of the people who live in their shadow.

That is wrong. Calling it right doesn't change it.

■ COLUMN

It has been a busy year for our city

May I take this opportunity to highlight our city's work program for 2011.

We are finalizing the vision and preparation of a Community Improvement Plan (CIP) for the East Village and Waterfront. Once the CIP is further developed, the city will proceed with development of a secondary plan, the more detailed tool used to develop and redevelop the east side. In tandem, the CIP policies and secondary plan policies will ensure affordable and efficient development initiatives tools and incentives.

We are currently working on the preparation of tender drawings for the streetscape works for the downtown CIP area, including landscaping, road works, sidewalks, amenities and servicing.

We are finalizing the streetscape work along Main St. This was a \$5.5-million dollar project, with assistance from the federal government in the amount of \$3.6 million.

We are continuing to promote and work with businesses on the use of incentive programs for these CIP's. We currently have 12 active incentive applications (eight for Main St., four in the downtown) and have committed over \$40,000 in funding to local businesses.

We are working on the creation of an industrial CIP which will offer tax incentives and additional development incentives to new and expanding industrial businesses.

This CIP will work in tandem with Niagara Region's expected Gateway Economic Zone and Centre CIP which will add further incentives to doing business within the City of Port Colborne.

We have in the process of completing drainage improvements at Westdale Park and are about to install new playground equipment. We have installed playground equipment at Humbershore Shoe Park. We have begun the construction of the Health and



Vance Badawey
MAYOR'S COLUMN

Wellness Centre. It is expected to be an 18-24 month construction period. We have begun the design process of a new Port Colborne Operations Centre.

We are about to erect new traffic signals at Steele and Clarence and Elm/Clarence, continuing with the Omer area combined sewer overflow program, and completing the arena area combined sewer overflow program.

The city was recognized with three awards at the annual Ontario Economic Development Awards recently. Hosted by the Economic Development Council of Ontario (EDCO) at its 2011 conference, the annual competition recognizes the highest calibre of marketing and promotion of communities for new business growth and investment.

Thirty-five international and provincial bio-industry and business leaders representing five continents visited Port Colborne in to learn about Ontario's Carbohydrate Valley. The visiting professionals hailed from Asia, Africa, North America, Europe and Australia and were part of the Niagara Bio-industry World Congress Tour which was coordinated and hosted by the Port Colborne Economic Development, Tourism and Marketing department in partnership with bio-industry stakeholders.

The tour included stops at production facilities operated by Casco Inc. and Jungbunzlauer Canada Inc. The event also showcased the horticultural science and innovation activities at the Vineland Research and Innovation Centre and included a wine-tasting at Vineland Estates Winery, which provided the opportunity for tour participants to meet with researchers

from Brock University's Cool Climate Oenology and Viticulture Institute and Niagara College.

Visitors to the new Scotiabank Convention Centre in Niagara Falls are quickly learning about Port Colborne, thanks to an innovative sponsorship agreement between the city and the convention centre.

The Port Colborne Lounge is a 5,295-square foot private function room located on the second floor of the new \$105-million convention facility. Branded as 42°79' because of the latitudinal and longitudinal coordinates of Port Colborne on a map, this room is located above the ballroom, walled in glass and overlooking the front lobby and Street Ave. The space features a dedicated photo wall featuring iconic images of Port Colborne shot by local photographer Thies Bogner and two large video screens that show images promoting Port Colborne's Uncharted and Unexpected attractions and lifestyle advantages, as well as local businesses.

The city of Port Colborne unveiled its new tourism promotional video on the City of Port Colborne website, its Facebook page and on YouTube. The video marks the launch of the city's new brand identity and advertising campaign — "Niagara's South Coast — Uncharted, Unexpected," which creates a unified tourist message and identity for the area as it appeals to a wide variety of visitors.

This three-minute video showcases key experiences that define Port Colborne's beauty and vibrant personality, going beyond the well-known icon of the Welland Canal by highlighting the city's many experiences, culinary experiences, arts and cultural attractions, nature and outdoor recreation experiences, and our people.



www.wellandtribune.ca

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■ **PACKING:** Congregants work on packs

AIDS Caregiver kits a church project

DAVE JOHNSON
InPort News Staff

WAINFLEET — Congregants of Wainfleet Brethren in Christ Church didn't let a small earthquake stop them from their task of packing 35 bags to be shipped to African nations for Mennonite Central Committee this past Tuesday.

Renee Kievit, children's ministry pastor at the church, said the AIDS Caregiver kits was a project taken on this year by the church.

Each year the Perry Rd. church, she said, takes on different projects, working with Mennonite Central Committee on some of them.

This year, it was the AIDS Caregiver kits and the project was part of a vacation bible

"We wanted to do something that will make a difference for the people of Africa and better their chances of survival."

Renee Kievit, children's ministry pastor at Wainfleet Brethren in Christ Church

school held between July 18 and July 22.

"We asked the children to bring in whatever they could for the project," said Kievit, adding it was the first time the church has taken on the caregiver kit project.

In total, the children raised \$5,389 to help buy all the supplies that go into the kits.

"I think they may have had some help from their parents, but it was a wonderful surprise."

Kievit said it was a lot of money, most fundraisers for

projects average about \$3,000.

Asked how projects are decided on, she said this one came about after a discussion between herself and the church pastor.

"We wanted to do something that will make a difference for the people of Africa and better their chances of survival."

Kievit didn't know which nations in Africa would receive the packages designed to help caregivers who take care of people with HIV and AIDS.

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The Corporation of the Township of Wainfleet invites area youth between the ages of thirteen and twenty four, who would be interested in being a member of the following committee.

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Completed application forms may be dropped off at Township Office, mailed, emailed (tamb@township.wainfleet.on.ca) or faxed (Attention Tanya Lamb at 905-899-3463, Ext. 226), by no later than Friday, September 30th, 2011.

For further information, please contact:
Tanya Lamb
Clerk

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VICTORIA GRAY Staff Photo

Leigh MacKinnon, left, and Nancy Salvage, organizers of the Port Colborne Terry Fox Run, welcomed Kyle Miller, far right, to talk to Port Colborne's Terry Fox Run committee about his bout with osteogenic sarcoma, the same form of cancer as Fox, but how he managed to keep his leg and even play lacrosse at the world championships in 2006.

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■ TERRY FOX RUN: Motivating a community to get out and walk on Sept. 18



Cancer survivor says Fox like a 'teammate'

VICTORIA GRAY
InPort News Staff

PORT COLBORNE — Kyle Miller was diagnosed with osteogenic sarcoma when he was 21. "I thought my life was over, but it was reading about Terry Fox that inspired me," he said. "I really used his story to be able

to make it through and not get too distraught.

"I felt like I had a teammate," Miller, now 30, was in Port Colborne last week at the L.R. Wilson Heritage Archives on King St. to talk to the local Terry Fox Run committee about his experience with cancer and how research funded by the Terry Fox

foundation helped save his life.

He was going to university in New York when he was diagnosed with the disease. He said the doctor gave him a prescription without explaining how serious his condition was.

"I just went home and Googled it and saw all these people without arms and legs," he said.

Osteogenic sarcoma is a tumour usually found in the shin near the bone, thighs or near the armpit according to the U.S. National Library of Medicine.

Miller said thanks to research his leg didn't need amputation, doctors were able to put a metal rod in his knee and he was even able to achieve his goal to play lacrosse on Team Canada at the 2006 World Lacrosse Championships in London, Ont., where the team finished first.

"It was a pretty unique goal," said Miller, now cancer-free. "(Now) I go to schools all over Canada and talk to kids about overcoming adversity and setting goals."

The Port Colborne Terry Fox Run is Sunday, Sept. 18, in H.H. Knoll Lakeview Park. Last year more than \$31,000 was raised through schools, the run and a head-shaving event, which will continue this year.

Run co-organizer Nancy Salvage said people are encouraged to join as work, friend or tribute teams.

"We also have a tribute to Betty Fox team, Terry's mother, who died in June, but you don't have to be a mother or a woman to join," she said.

To sign up for the walking tribute team or for more information contact Salvage at nancy_salvage@sympatico.ca.

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■ AUTO RACING



File photo

Cars take off for racing at Humberstone Speedway in this June 2009 file photo. It was an action-packed evening of racing with the popular school bus race as the main event. The Dirt-Car Sportsman Tour will be rolled into the track next weekend.

Plenty of dirt-car action at speedway

InPort News Staff

PORT COLBORNE — The Dirt-Car Sportsman Tour will roll into the Humberstone Speedway this weekend.

The tour, which will feature the Cosco Haulage Sportsman, will roll into the Port Colborne based-speedway Sept. 11. The race will run in memory of Trevor Wilkens, a young,

up-and-coming driver who drove for track owners Linda and Pete Cosco and tragically lost his life to cancer in 1993.

see **RACING** | page 8

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- 1 1/4 cups firmly packed Brown Sugar
- 2 tsp. Cinnamon
- 1/2 tsp. Nutmeg
- 1/4 tsp. Baking Soda
- 1/4 tsp. Sea Salt
- 1 cup butter or margarine, softened at room temperature
- 2 2 tbsp. Cornstarch
- 2 2 tbsp. Sugar
- 2 2 tsp. Lemon Juice
- 2 2 cups Dried Cherries
- 2 2 cups Dried Blueberries
- 1/4 cup unsweetened apple juice

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Cherry Blueberry Crisp

"Prepare 12" x 8" (about 3L) baking dish, lightly butter or coat with non-stick vegetable spray.

1. Stir together in a large bowl All-Purpose Flour, Large Flake Oats, Brown sugar, Cinnamon, Nutmeg, Baking Soda & Sea Salt. Add butter to mixture working together using finger until well blended into a crumbly texture. Take two thirds of the crumbly mixture, pat firmly into the bottom of prepared dish.
2. Stir together in a medium bowl, Cornstarch, Sugar & lemon juice until cornstarch is fully dissolved. Add the berries tossing in mixture until berries are evenly coated. Pour onto oat mixture in pan. Sprinkle remainder of oat mixture over the berries. Pour apple juice over oat topping.

Bake at 350 degrees F for 40 to 50 minutes or until topping is a crisp golden brown. Serve warm or at room temperature.

*Best to serve the same day, as juices may make the base soggy.

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■ RACING

Tom Sears Jr. sits atop tour leaderboard

FROM PAGE 7

The current Dirt-Car Sportsman tour points leader

is Tom Sears Jr., who hails from Clay, N.Y. Sears Jr. will lead the many Northeast U.S. invaders coming over the border to do

battle.

Humberstone Speedway regular B.J. Willard sits fifth in tour points. Willard will be joined by

visiting Ontario and Quebec stars as well as the Cosco Haulage Sportsman track regulars, including leading winners Brad Rouse and Cody McPherson, as they look to keep the trophy and prize money at home.

Joining the Dirt-Car Sportsman Tour will be the Peters Excavating FASTR AK Late Models, Brian's Tire Repair Street Stocks, Frontier Auto Dismantler Pure Stocks, Weekend Motorsports Mini Stocks and the Niagara Auto Sales Pro 4 Trucks.

The card will also feature the B&C Truck Centre Trucker Show

and Shine and the event will be capped off by a 30 lap Enduro, which will be the final qualifier for the Eve of Destruction Sept. 25.

Admission to the event for adults is \$15, \$13 for seniors and students, \$5 for children and free for children aged seven and under.

The Humberstone Speedway is located at 1716 Hwy. 3 In Port Colborne. Racing starts at 7:15 p.m.

For tickets and information visit www.humberstonespeedway.com

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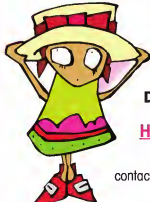
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Ask Our Pharmacists

Warts

**DONNIE EDWARDS**
R. Ph. & Sc. Phn.

Warts are a common viral skin infection caused by human papilloma viruses. In general warts on the hands and feet are harmless and most resolve on their own. However, they can cause embarrassment and some discomfort. There are a couple of over-the-counter (OTC) remedies that work well to treat these kinds of warts.

Infection with HPV occurs with skin-to-skin contact. Warts are caused by viruses and are passed from person to person. A common way of contracting the virus is by walking barefoot in public pools, showers etc.

About 30% of warts clear spontaneously in six months and 65% to 78% clear in two years without any treatment. However, most people would like to resolve warts more quickly than this. Salicylic acid is a first line OTC option. This medicine slowly destroys virus-infected skin and may stimulate the immune response of the person infected through mild irritation, which in turn helps clear the infection. There are a number of salicylic products available. They range in concentration from 17% to 40%. A 40% product should be used for planar warts. The use of salicylic acid on facial warts is not recommended because of a potential risk of hypo- and hyperpigmentation (skin discolouration).

There is a bit of a regimen to follow with salicylic acid products. Before treatment the warts should be soaked in warm water for five minutes. Then, an emery board or pumice stone should be used to remove dead tissue. The salicylic acid treatment should then be applied. Treatment may need to be continued for up to 12 weeks. If the wart causes pain, patients can take acetaminophen or ibuprofen for the discomfort. Examples of OTC salicylic acid wart removal products include Compound W, Dr. Scholl's Clear away Planter, and Duofilm Wart Remover.

Cryotherapy (freezing) is another common wart removal treatment. This causes irritation and tissue destruction so that the individual mounts an immune response against the virus. Doctors typically use liquid nitrogen which freezes tissues to -196°C. There are also home cryotherapy systems available. These contain dimethyl ether and propellant (DMEP). Examples include Dr. Scholl's Freeze away wart Remover, Or, Compound W Freeze off. Evidence shows DMEP and liquid nitrogen are fairly similar in efficacy. After application of cryotherapy a blister is formed under the wart. The frozen skin and wart falls off after about ten days and reveals newly formed skin underneath. It is recommended that OTC cryotherapy only be repeated three times usually in ten day intervals.

The use of duct tape as a wart treatment has gained popularity. By putting duct tape over the wart they think the wart is deprived of oxygen which causes irritation and stimulates the immune response to the virus. Typical administration involves applying silver duct tape over the wart and removing a week later. Scrubbing the area with an emery board and leaving it open over night. Then reapplying duct tape. Silver duct tape has been shown to be more effective than clear duct tape, possibly because of the adhesive.

There are also a number of prescription products that can be used for warts if OTC treatments are ineffective. Patients with diabetes should consult their physicians before beginning treatment for their warts. Also, genital warts must be treated by physicians and are not suitable for treatment with OTC methods.

In general OTC wart treatments are effective, however, it may take several weeks for the wart to be removed. For proper selection of a treatment method come in and speak to your pharmacist.

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■ **TEEDER KENNEDY YOUTH ARENA:** Former recreation director Tom Lannan shares fond hockey memories

Arena built to meet Port hockey demand

EDDIE CHAU
InPort News Staff

PORT COLBORNE— Ted (Teeder) Kennedy was an example of high hockey standards in Port Colborne.

When the late former captain of the Toronto Maple Leafs laced up his skates and performed on the ice at Maple Leaf Gardens, one knew there was something magi-

cal on the ice. Between 1942 and 1957, Kennedy led the Leafs to five Stanley Cup wins.

Kennedy was a recipient of the Hart Trophy, awarded to the most valuable player of a team. So it came no surprise that when Port Colborne needed a new arena to accommodate the influx of hockey in town, its namesake would honour the hometown hockey hero.

"He won five Stanley Cups. We knew him as 'Mr. Hockey,'" said Tom Lannan, the city's former recreation director and Kennedy's cousin. "Teeder was very humble when he found out the new arena would be named after him."

The Teeder Kennedy Youth Arena was officially opened Nov. 28, 1976. Kennedy was present for the ceremony, along with long-time hockey players from Port

Colborne.

The list of players in attendance included: Don Gallinger (Boston), Don Simmons (Boston, Toronto and New York), Harry Dick (Chicago) and Bronco Horvath (Boston), to name a few.

Lannan said the addition of the Teeder Kennedy Youth Arena was to complement the ice time at Westside Arena because there were many budding hockey players in

town and not enough ice time.

"It wasn't uncommon to have a 6 a.m. practice," Lannan said. "There was only one rink at the time."

Port Colborne's or Humboldtone at the time of the arena's opening — has a long and rich history of hockey and evolution of rinks to accommodate the winter sport.

The city's first rink was an open air ice rink built on Ash St. in 1898. With the construction of the Port Colborne Athletic Club in the 1920s, the need for a new ice surface was pushed for.

The Athletic Club housed a rink, but an additional arena, known as the "Palace," was built in 1927 with artificial ice. In 1929, a "band-box arena" was constructed at the facility, but lasted less than three decades because of poor maintenance.

When the rink opened, we had ice time 12 months of the year. It was common to play hockey during the summer. It keeps you in shape."

Tom Lannan, former recreation director

In the late 1950s, construction began on the Westside Arena, which opened its doors in January 1960. The arena was constructed and paid for by a community fundraising initiative.

The needs for another arena was felt by city council of the day in the late 1960s and early 1970s. Art Stead, the parks and recreation director at the time, had heavily pushed for its construction following the 1972 municipal election.

At a cost of \$405,000, it took two years to construct the new arena which was funded with city money along with contributions from local organizations and a \$65,000 winner works grant.

The youth arena opened its doors in 1976 and gave Port Colborne a new venue to play Canada's top sport.

"There were 500-600 kids involved in junior B hockey, figure skating club and the minor A Sallors team," said Lannan, who was among many to utilize the new facility. "When the rink opened, we had ice time 12 months of the year. It was common to play hockey during the summer. It keeps you in shape."

see ARENA | page 11

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Q. What is a soft liner?

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Q. What are the advantages of a soft liner?

A. To name just a few reasons: • Great comfort. • With soft liners, many denture wearers report that they can chew food more comfortably and effectively. • This will extend the health of your gum as well as ensure maximum adherence.

Q. Is a soft liner right for me?

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■ ARENA

Kennedy remembered as Port's 'hockey hero'

FROM PAGE 10

The surge in popularity in hockey was at an all-time high, Lannan said, after the Summit Series in Russia in 1972, in which Soviet and Canadian teams competed in an eight-game series.

Canada won the series 4-3 with one tie.

The location of the Teeder Kennedy Youth Arena was specifically chosen because of the major arterial roads coming into Port Colborne from highways 3 and 140. In addition to the arena, baseball and softball diamonds, a soccer field and later a bocce court were added as part of the Thomas A. Lannan Sports Complex, aptly named after Lannan.

The youth arena served as home to many hockey leagues, including those from Club Pontiac, Lakeshore Catholic High School also used the facility as home ice for its hockey team.

The arena was demolished this past spring after 35 years of life in Port Colborne to make way for the new multi-use centre, which will replace the city's two arenas. Lannan said the legacy of the youth arena will live on in the new facility and has no doubt in his mind Kennedy's legend will continue.

"He's Port Colborne's hockey hero. Teeder will always be part of it," Lannan said.

TOM LANNAN Supplied photo

Hockey legends, from left, Don Simmons, Don Gallinger, Ted (Teeder) Kennedy, wife of Francis Moore, Jack Moore, Mayor John Buscarino and Harry Dick drop the first puck at the first hockey game at the Teeder Kennedy Youth Arena in 1974.

NOTICE OF A PUBLIC MEETING

To be held by Niagara Region Wind Corporation regarding a Proposal to Engage in a Renewable Energy Project

Project Name: Niagara Region Wind Project

Project Location: The Study Area is within Haldimand County and Niagara Region (including the Township of Pelham, Township of Wainfleet, and Township of West Lincoln). The Interconnector Study Area is within the Town of Grimsby, Town of Lincoln and the Township of West Lincoln, in Niagara Region, in southern Ontario.

Dated at Haldimand County and Niagara Region this 2nd of August 2011.

Niagara Region Wind Corporation is planning to engage in a renewable energy project in respect of which the issuance of a renewable energy approval is required. The proposal to engage in the project and the project itself is subject to the provisions of the Environmental Protection Act (ACT) Part V.0.1 and Ontario Regulation 356/09 (Regulation). This notice must be distributed in accordance with section 15 of the Regulation prior to an application being submitted and assessed for completeness by the Ministry of the Environment. The project team will be holding the first Public Meeting as required under section 16(1) of the Regulation. We are offering multiple meeting locations and dates for this event. The sessions will be drop-in style, and each session will be identical so that you can attend whichever session is most convenient.

	Tuesday, September 13	Wednesday, September 14	Thursday, September 15
1:00 to 4:00 p.m.	Town of Grimsby Peach King Centre Auditorium 182 Livingston Avenue Grimsby	Town of Pelham Royal Canadian Legion #613 141 Hwy 20 East Pelham	Township of Wainfleet Fire Hall 31807 Park Street Wainfleet
5:30 to 8:30 p.m.	Town of Lincoln Rockway Community Centre 2021 Regional Rd 69 Lincoln	Township of West Lincoln Smithville Christian High School 6468 Smithville Townline Road Smithville	Haldimand County Lowbanks Community Centre 2633 Northshore Drive Lowbanks

Project Description: Pursuant to the Act and Regulation, the facility, in respect of which the project is to be engaged in, is considered to be a Class 4 Wind Facility. If approved, this facility would have a total maximum name plate capacity of 230 MW. The project location is described in the map (right).

Documents for Public Inspection: The Draft Project Description Report titled Niagara Region Wind Project – Draft Project Description Report describes the proposed facility as a wind farm that will be used to convert wind to electricity. A written copy of the Draft Project Description Report is available for public inspection at www.nrw.ca, and multiple locations, including each of the following local municipal offices:

Project Contacts and Information:

To learn more about the project or to communicate concerns please contact:
Project Email Address: info@nrwc.ca Project Website: www.nrw.ca
Project Phone Number: 905-390-3300 or 1-855-720-2892 (toll free)

Robert Daniels
Vice President
Niagara Region Wind Corporation
277 Lakeshore Road East, Suite 211
Oakville, ON L6J 6J3

J.A. (Al) Leggett, BA, MCIP, RPP
Project Manager
Starline Consulting Ltd.
300 - 675 Cochrane Drive, West Tower,
Markham, ON L3R 0B8

Haldimand County: 45 Munsee Street North, Cayuga
Niagara Region: 2201 St. David's Road, Thorold
Town of Grimsby: 180 Livingston Avenue, Grimsby
Town of Lincoln: 4800 South Service Road, Beamsville
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Produce/ Farmers Market A250

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BABY GOLD PEACHES
Hester Fruit Farm
429 Canton Rd.
Ridgewood
905-992-5130

BLUEBERRIES P.Y.O. at Blueberry Acres

1237 Merriville Hwy.
Thorold, (GFB), 2km N
of Sarnia, Ont. L7R 6K1
905-862-5871

DEVI'S FRESH FARM

Produce #1 & 2 A
Apples, Pears, Plums
& Vegetables
825 Canyon Rd. 1km
West of Fenwick.
Call 905-862-4724
Closed Sunday 2

PICK YOUR OWN

Pasta-Roma & Field
Tomatoes, Potatoes,
Eggplants.
Horticulture Centre
1007 St. George's St.
St. Catharines
905-962-6468

Halls/ Wedding Rentals A648

Must See!

Princess Bay
2 BDRM large with
beachy, 3 split kps.
pool & exercise room
Glenn 905-735-4002

Best Deal

TOMATOES - Paste,
Fruit, Eggplant, Peppers
P.Y.O. SAULT FARM
33393 Flanagan Rd.
Wellfleet Ont. e1ed
905-999-3049

fresh picked

WILLIAMS ONCHARDOS
Opened 7 days a week,
Apples, peaches, pears
and more.
1724 Palham St. Port Hope
905-862-5871

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905-962-6468

Storage/ Parking A680

Must See!

WELLAND OPTIMIST
+me, Bday, Showers,
Etc. Up to 50 people.
\$11.75B-3001

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General Employment A600

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**EARN EXTRA CASH
ADULTS, STUDENTS,
SENIORS
CARRIER WANTED IN YOUR
NEIGHBOURHOOD**

If you would like to earn extra
spending money:

PORT COLBORNE

Catharine (28-56), Superior St (25-
18) ROUTE 526, \$20.00.
Hampton Ave, Schottland Ave, Superior
St (65-678), ROUTE 368, \$40.00

Frieden Ave (15-43), Superior St (223-
280), ROUTE 943, \$22.00

Please Call
905-732-2414 - Charlene
Ext. 270

General Employment A600

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Sobeys

INSTANT SAVINGS

event



Club Sobeys members **save instantly** on over 2000 items

Spot these signs in store and save instantly!

Not a Member?

Sign up for free and save at all Sobeys locations. Sign up in one minute or faster.

INSTANT SAVINGS EVENT

CLUB MEMBER	MEMBERS PAY 2.99
NON-MEMBER	NON-MEMBERS PAY 5.99

Compliments Balance Frozen Yogourt
1.89 L

INSTANT SAVINGS \$3.00

* Prices and descriptions are for sample purposes only

SOME OF THE GREAT INSTANT SAVINGS YOU CAN FIND NOW IN STORE

Prices Effective September 2-29, 2011

Buy One ~~2.99~~ Meat Lasagna 1.81 kg, Frozen, Get One ~~2.99~~ Meat Lasagna 1 kg, Frozen **FREE**

MEMBERS SAVE \$5.99
INSTANT SAVINGS

Sterling Silver Top Sirloin Grilling Steak Cut From the Top 12% of Canadian AAA Grade Beef or Higher or USDA Choice

MEMBERS SAVE \$5
INSTANT SAVINGS

Gay Lea Butter 454 g. Selected

MEMBERS SAVE \$1
INSTANT SAVINGS

Custom Image Cakes 1/4, 1/2 or Full Slab, 1.3 - 4.9 kg

MEMBERS SAVE \$10
INSTANT SAVINGS

PUPPO'S

Corner of
Maple Ave. and
Prince Charles
Drive

CRUSTY FRENCH BREAD

450 g loaf

1/2 PRICE
\$1

SPECIALS in effect Friday Sept. 9th to closing Thursday Sept. 15th, 2011 • OPEN SAT. 8-6, SUN. 10-5, MON., TUES., WED. 9-6, THURS. & FRI. 9-9

FRESH AIR CHILLED
**BONELESS SKINLESS
CHICKEN BREASTS**

1/2 PRICE
3.99 lb.

CUT FROM ONTARIO AA AND AAA BEEF
NORWICH PACKERS CORN FED BEEF

**EXTRA LEAN
GROUND BEEF**

SAVE \$2.00 LB.
2.99 lb.

DELI Specials

Only Select
ROAST BEEF

1/2 PRICE
3.99 lb.

Schneider's
ROASTED PORK LOIN

1/2 PRICE
2.99 lb.

Schneider's Deluxe
MOZZARELLA CHEESE

4.99 lb.

CUT FROM ONTARIO AA AND AAA BEEF, NORWICH PACKERS CORN FED BEEF.

**BONELESS
SIRLOIN TIP ROASTS**

SAVE \$2.00 LB.
3.99 lb.

**FRESH PORK
PUPPO'S HOT or MILD
ITALIAN SAUSAGE**

SAVE \$1.00 LB.
3.99 lb.

**FRESH PORK
BONELESS LOIN
PORK CHOPS**

1/2 PRICE
2.99 lb.

**BRAVO
SPAGHETTI
SAUCE**

680 ml can

1/2 PRICE
79¢

12 Can Limit

**CASHMERE 2PLY
BATHROOM TISSUE**

Pkg of 12 Double Rolls

1/2 PRICE
4.99

2 Pkg Limit

**ROMAN BRAND
LASAGNA OR CANNELLONI**

2 lb./2.25 lb. tray

SAVE \$2.50
3.99

6 Pkg Limit

**NATURE VALLEY
GRANOLA BARS**

Pkg. of 5/10 bars

2/\$4

**YOPLAIT
SOURCE YOGURT**

Pkg. of 16

SAVE \$2.30
4.99

**MAJESTA
PAPER TOWELS**

8 roll pkg.

3.99

**CRISCO
VEGETABLE OIL**

1.42 Litre Bottle

4.99

Reg. Price \$6.49

**FANCY GRADE ONTARIO
MCINTOSH APPLES**



NEW CROP
99¢ lb.

**NO. 1 GRADE ONTARIO
GREEN CABBAGE**



99¢ EACH

**NO. 1 GRADE ONTARIO
FIELD TOMATOES**



3.99 basket

**FANCY GRADE ONTARIO
BARTLETT PEARS**



99¢ lb.

**NO. 1 GRADE MANITOBA
JUMBO CAULIFLOWER**



1.99 EACH

**NO. 1 GRADE CALIFORNIA
SWEET ONIONS**



99¢ lb.